

INTRODUCTION

Jonathan Hobby

Wednesday, 26 February, 2025 | 08:15 - 08:30 | Stare Miastro

08:15-08:30

A-0001 Introduction

Jonathan Hobby UK

TRAUMA: FRACTURES I - HAND

Chair: Piotr Czarnecki

Wednesday, 26 February, 2025 | 08:30 - 10:30 | Stare Miastro

08:30-08:45

A-0002 Closed treatment of hand fractures including k wires and relative motion splints

Shai Luria

08:45-09:00

A-0003 Phalangeal shaft fractures

Inga Besmens

09:00-09:15

A-0004 PIPJ fractures and dislocations

Joris Duerinckx

09:15-09:30

A-0005 Metacarpal & Carpometacarpal injuries (including fight bite)

Nick Riley

09:30-09:45

A-0006 The thumb base - Bennett's and Rolando fractures

Balazs Lenkei

09:45-10:00

A-0007 How to answer a case discussion question

Piotr Czarnecki, Jonathan Hobby

10:00-10:30

A-0008 Small Group discussion - hand fractures with 4 groups

10:30-11:00

Coffee break

PRACTICALS I

All faculty

Wednesday, 26 February, 2025 | 11:00 - 12:30 | Stare Miastro

Group schedule and locations are available in "Practical session details menu" in the FESSH App

12:30-13:30

Lunch

TRAUMA: FRACTURES II - WRIST

Chair: Jonathan Hobby

Wednesday, 26 February, 2025 | 13:30 - 15:30 | Stare Miastro

13:30-13:45

A-0009 Distal radius fractures: Incidence, anatomy, principles of treatment

Elisabeth Haas

13:45-14:00

A-0010 Distal radius fractures: complex injuries, ORIF and bridging plates

Balazs Lenkei

14:00-14:15

A-0011 Scaphoid – acute fractures diagnosis and management

Nick Riley

14:15-14:30

A-0012 Peri lunate dislocations and other carpal bone fractures

Alex Lluch

14:30-14:45

A-0013 Managing scaphoid non-union

Lorenzo Garagnani

14:45-15:15

A-0014 Small Group discussion - wrist fractures with 4 groups - Click to see locations

PRACTICALS II

All faculty

Wednesday, 26 February, 2025 | 15:30 - 16:50 | Stare Miastro

Group schedule and locations are available in "Practical session details menu" in the FESSH App

16:50-17:15

Coffee break

WRIST I

Chair: Andrea Atzei

Wednesday, 26 February, 2025 | 17:15 - 18:15 | Stare Miastro

17:15-17:30

A-0015 Wrist Anatomy, imaging, kinematics

Jonathan Hobby

17:30-17:45

A-0016 Acute Ligament Injuries - reconstruction

Alex Lluch

17:45-18:00

A-0017 Chronic ligament injuries salvage PRC / 4 CF / Fusion

Joris Duerinckx

18:00-18:15

A-0018 Questions and close

SOFT TISSUE COVER

Chair: Emily West

Thursday, 27 February, 2025 | 08:00 - 09:45 | Stare Miastro

08:00-08:15

A-0019 Surgical management of fingertip injuries including nailbed & complications / deformity

Pierluigi Tos

08:15-08:35

A-0020 Flaps forearm and hand

Inga Besmens

08:35-08:50

A-0021 Principles of microsurgery: Replantation

Leila Harhaus

08:50-09:05

A-0022 Options for thumb reconstruction, principles

Pierluigi Tos

09:05-09:45

A-0023 Small Group discussion - soft tissue with 4 groups - Click to see locations

09:45-10:15

Coffee break

INFECTION AND COMPARTMENT SYNDROME

Chair: Pierluigi Tos

Thursday, 27 February, 2025 | 10:15 - 11:00 | Stare Miastro

10:15-10:30

A-0024 Compartment syndrome: Hand and forearm, extravasation.

Leila Harhaus

10:30-10:45

A-0025 The anatomical basis and surgical management of acute infections of the hand

Nick Riley

10:45-11:00

A-0026 High Pressure injection injuries & Necrotising fasciitis

Jonathan Hobby

PRACTICALS III

All faculty

Thursday, 27 February, 2025 | 11:00 - 12:30 | Stare Miastro

Group schedule and locations are available in "Practical session details menu" in the FESSH App

12:30-13:30

Lunch

TENDON

FESSH Academy Foundation Course 2025 Program

Chair: Inga Besmens

Thursday, 27 February, 2025 | 13:30 - 15:45 | Stare Miastro

13:30-13:45

A-0027 Flexor Tendon Injuries and FDP Avulsions

Mariusz Bonczar

13:45-14:00

A-0028 Flexor Tendon Repair Techniques - Suture Techniques and rehabilitation

Inga Besmens

14:00-14:15

A-0029 Flexor Tendon late reconstruction (Including tenolysis)

Piotr Czarnecki

14:15-14:30

A-0030 Extensor Tendon Closed treatment and Repair

Balazs Lenkei

14:30-14:45

A-0031 Mallet and Boutonniere Injuries

Elisabeth Haas

14:45-15:00

A-0032 Trigger Finger, de Quervain's and intersection syndrome

Nicolas Bigorre

15:00-15:15

A-0033 Rehabilitation of tendon injuries

Ewa Bręborowicz

15:15-15:45

A-0034 Plenary panel discussion - tendon injury

15:45-16:15

Coffee break

PRACTICALS IV

All faculty

Thursday, 27 February, 2025 | 16:15 - 17:45 | Stare Miastro

Group schedule and locations are available in "Practical session details menu" in the FESSH App

WRIST II

Chair: Nick Riley

Friday, 28 February, 2025 | 08:00 - 08:45 | Stare Miastro

08:00-08:15

A-0035 The anatomy and physiology of forearm rotation, the DRUJ

Alex Lluch

08:15-08:25

A-0036 Ulnar sided pain ulna shortening / impaction

Nicolas Bigorre

08:25-08:40

A-0037 Arthroscopy, Ulnar sided wrist pain and TFCC repair

Andrea Atzei

ARTHRITIS

Chair: Jonathan Hobby

Friday, 28 February, 2025 | 08:45 - 10:30 | Stare Miastro

08:45-09:05

A-0038 The Rheumatoid Wrist and Hand

Mariusz Bonczar

09:05-09:20

A-0039 Arthritis in the Thumb

Joris Duerinckx

09:20-09:35

A-0040 Arthritis in the fingers

Jonathan Hobby

09:35-09:45

A-0041 Avascular Necrosis – Keinbock's

Ilse Degreef

09:45-10:00

A-0042 Osteoarthritis of the wrist: Treatment options; arthroplasty inc DRUJ

Alex Lluch

10:00-10:30

A-0043 Panel Discussion Arthritis

Jonathan Hobby

10:30-11:00

Coffee break

PRACTICALS V

All faculty

Friday, 28 February, 2025 | 11:00 - 12:30 | Stare Miastro

Group schedule and locations are available in "Practical session details menu" in the FESSH App

12:30-13:30

Lunch

DUPUYTREN'S CONTRACTURE

Chair: Mariusz Bonczar

Friday, 28 February, 2025 | 13:30 - 14:30 | Stare Miastro

13:30-13:45

A-0044 Primary disease PNF, Regional fasciectomy

Jonathan Hobby

13:45-14:00

A-0045 Management of recurrent disease, dermofasciectomy and salvage options

Ilse Degreef

14:00-14:15

A-0046 Case Discussion & Questions

Jonathan Hobby

14:15-14:30

A-0047 Principles of management of thermal, chemical and electrical burns

Dean Boyce

PRACTICALS VI

All faculty

Friday, 28 February, 2025 | 14:30 - 15:50 | Stare Miastro

Group schedule and locations are available in "Practical session details menu" in the FESSH App

15:50-16:20

Coffee break

NERVE

Chair: Dean Boyce

Friday, 28 February, 2025 | 16:20 - 18:10 | Stare Miastro

16:20-16:40

A-0048 Nerve compression: Carpal tunnel syndrome and ulnar nerve compression

Jonathan Hobby

16:40-16:50

A-0049 Thoracic outlet, radial tunnel etc.

Piotr Czarnecki

16:50-17:05

A-0050 Nerve repair: Surgical technique and results

Leila Harhaus

17:05-17:25

A-0051 Adult Brachial Plexus

Dean Boyce

17:25-17:35

A-0052 Dealing with a complication - radial nerve injury

Jonathan Hobby

17:35-17:55

A-0053 Questions, cases and discussion plenary

Dean Boyce

17:55-18:05

A-0054 Close

TUMOURS

Chair: Ilse Degreef

Saturday, 01 March, 2025 | 08:00 - 09:15 | Stare Miastro

08:00-08:15

A-0074 Benign soft tissue and bone tumours

Jonathan Hobby

08:15-08:30

A-0075 Malignant bone and soft tissue tumours

Ilse Degreef

08:30-08:45

A-0076 Vascular anomalies

Emily West

08:45-09:00

A-0077 Skin tumours

Dean Boyce

09:00-09:15

A-0078 Cases discussion for panel plenary

CONGENITAL I

Chair: Dean Boyce

Saturday, 01 March, 2025 | 09:15 - 10:00 | Stare Miastro

09:15-09:30

A-0055 Children's fractures in the upper limb (to include child abuse & supracondylar)

Ireneusz Walaszek

09:30-09:45

A-0056 Upper limb development and Sonic hedgehog

Dean Boyce

09:45-10:00

A-0057 Talking with Children and Parents, Planning treatment, and Consent

Shai Luria

10:00-10:30

Coffee break

CONGENITAL II

Chair: Piotr Czarnecki

Saturday, 01 March, 2025 | 10:30 - 13:00 | Stare Miastro

10:30-10:45

A-0058 Trigger Digits, Camptodactyly, Clinodactyly

Piotr Czarnecki

10:45-11:00

A-0059 Syndactyly

Lorenzo Garagnani

11:00-11:30

A-0060 Gloves syndactyly/ Zplasty

All

11:30-11:45

A-0061 Radial dysplasia (excluding thumb hypoplasia) Ulnar Dysplasia & Phocomelia

Shai Luria

11:45-12:00

A-0062 Surgical treatment of thumb hypoplasia

Piotr Czarnecki

12:00-12:15

A-0063 Cleft Hand, Symbrachydactyly and Transverse Absence, Toe to Hand Transfers

Dean Boyce

12:15-12:30

A-0064 Radial, Central and Ulnar Polydactyly – overview

Emily West

12:30-12:45

A-0065 Cerebral palsy and spasticity

Mirjam Thielen

12:45-13:00

A-0066 Panel Discussion and Questions

13:00-14:00

Lunch

Psychological factors in hand surgery & CRPS

Chair: Jonathan Hobby

Saturday, 01 March, 2025 | 14:00 - 14:45 | Stare Miastro

14:00-14:15

A-0067 Psychological factors in hand surgery

Jonathan Hobby

14:15-14:30

A-0068 CRPS

Mirjam Thielen

14:30-14:45

A-0080 Questions and discussion

TENDON TRANSFERS & SPASTICITY

Chair: Jonathan Hobby

Saturday, 01 March, 2025 | 14:45 - 16:15 | Stare Miastro

14:45-15:00

A-0069 Principles and techniques of Tendon and Nerve Transfer

Piotr Czarnecki

15:00-15:15

A-0070 Tendon and nerve transfers for Radial Nerve Lesions

Emily West

15:15-15:30

A-0071 Tendon and nerve transfers transfers for Median Nerve Lesions

Dean Boyce

15:30-15:45

A-0072 Tendon and Nerve transfers for Ulnar Nerve Lesions

Pierluigi Tos

15:45-16:05

A-0073 Discussion and Questions tendon and nerve transfers

16:05-16:15

A-0079 Meeting Close

