



FESSH
Federation of
European Societies for
Surgery of the Hand



AZ MONICA

FESSH TRAVEL AWARD FELLOWSHIP REPORT

Chiara Salvati

AZ Monica - Upper Limb Unit

Supervisor: Dr F.Verstreken, Prof. R van Riet

01 November – 31 October 2025

Learning Experience:

Metacarpophalangeal (MCP) joint replacements.

Proximal interphalangeal (PIP) joint replacements.

Thumb carpometacarpal (CMC) joint arthroplasty.

Revision CMCJ arthroplasty

Peripheral nerve decompression

Corrective osteotomies of distal radius and ulna with 3D printed guides

Wrist arthrodesis

4 corner fusion for SNAC wrist

Scaphoid / lunate prosthesis

SL stabilization

LCU/RCU reconstruction/ reinsertions

Elbow arthroscopy

Elbow arthroplasty

Reconstruction of LCL/MCL at the elbow

Minor elbow surgeries(tennis elbow, golfer elbow)

Timetable:

Monday: OR with Dr. Verstreken AM-PM

Tuesday: Prof van Riet: clinic AM, OR PM

Wednesday: Prof van Riet: OR AM-PM

Thursday: Prof van Riet: clinic AM, OR PM

Friday OR with Dr. Verstreken AM-PM

Key Summary:

- Thanks to the FESSH Travel Award I had the opportunity to visit the Upper limb unit of AZ Monica, in Antwerp under the guidance of Dr. F.Verstreken and Prof, R. van Riet
- The learning environment was exceptional with all the consultants and fellows used to provide excellent mentorship.
- The entire surgical team was welcoming and supportive, fostering a conducive atmosphere for learning.
- The FESSH Travel Award Fellowship has been an incredibly enriching and impactful experience for my professional development and I am grateful to FESSH for supporting this important opportunity.
- I would also like to express my sincere gratitude to Dr Verstreken and Prof van Riet for their warm welcome, dedication to teaching, and inspiring commitment to patient care.



Certificate of Training

This certifies that

Chiara Salvati

**has followed the Hand- and Elbow Fellowship
at the Department of Orthopedics and Traumatology
AZ Monica – Orthopedic Center Antwerp Orthoca
From July 1st 2025 until Octobre 31st 2025**

Date: November 3th, 2025

Prof. Dr. R. van Riet , PhD

