



**Gentofte
Hospital**

FESSH Travel Award 2024

Martina Greminger, Switzerland

16.9.2024 - 27. 9.2024 Kaplan Institut Barcelona, Spain

31.3.2025 - 11.4.2025 Gentofte Hospital Copenhagen, Denmark

Institut Kaplan, Barcelona

Objectives

- Expand my knowledge and skills in wrist biomechanics and wrist arthroscopy
- Learn new approaches and treatment algorithms for well known pathologies
- Observe the working routine in a different clinic and health care system

Fellowship activities

- Team outpatient clinic: case discussions, conservative treatments, indications for surgery, teaching and education
- OR at Kaplan Institut, University Hospital Vall d'Hebron, Clinica Diagonal with a focus on wrist surgery open and arthroscopic

Personal experience

I followed the surgeons at Kaplan Institut and accompanied Dr. Alex Lluch to different institutions across the area of Barcelona. I had the opportunity to see many open and arthroscopic wrist surgeries during my two weeks stay, for example treatment of midcarpal instabilities and partial wrist fusions, as well as wrist arthroplasties. Alex Lluch and Mireia Esplugas did excellent teachings on wrist biomechanics in the outpatient clinics!

I want to thank to the whole team of Kaplan Institut for their kindness and their generosity sharing their skills and knowledge. A special thanks to Alex for taking me to every place he worked, even on a trip to Lleida hospital outside of Barcelona!



Gentofte Hospital, Copenhagen

Objectives

- Expand my knowledge and skills in wrist arthroscopy
- Learn new approaches and techniques for well known pathologies
- Observe the working routine in a different clinic and health care system

Fellowship activities

- Daily morning session
- Journal Club and Case discussions
- Presentation of ongoing research projects
- OR with a focus on wrist surgery open and arthroscopy

Personal experience

I followed Robert Gvozdenovic for two weeks at Gentofte Hospital. Since he knew my special interest in arthroscopy, he scheduled many cases for these two weeks. I had the opportunity to assist all surgeries and learn a new technique for arthroscopic TFCC repair. Furthermore I was introduced to arthroscopic treatment of scaphoid nonunion. The team shared their treatment algorithm of distal radius fractures in elderly patients and their research findings in this field.

A want to thank Lars Soelberg Vadstrup, Robert Gvozdenovic and the whole team for their kindness and their generosity sharing their knowledge. A special thanks to Robert for taking me to the Louisiana Museum of Modern Art!





FESSH TRAVELLING FELLOWSHIP
Department of Orthopedic Surgery
Hand Surgery Unit
Copenhagen, Denmark

Dr. Martina Greminger

SANKT GALLEN; SCHWITZERLAND

To whom it may concern,

I confirm that Dr. Martina Greminger was our visitor on 31.03. – 11.04. 2025

Sincerely Yours,

Robert Gvozdenovic, MD, Ph.d.

Senior Consultant, Associate Professor
Hand Surgery Unit
Department of Orthopedic Surgery
Copenhagen University Hospital Herlev/Gentofte
Hospitalsvej 1, opg. 17
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Robert.Gvozdenovic@regionh.dk



CERTIFICATE IN HAND AND UPPER EXTREMITY SURGERY

21/10/2024

This is to certify that **Dr. Martina Greminger** has observed and participated in most Hand and Upper Extremity surgical procedures, as well as teaching activities at our institution from 16th to 27th of September 2024.

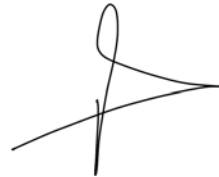
Very truly yours,

Sincerely,

Dr. Àngel
Ferrerres Claramunt



Dr. Àlex
Lluch Bergara



Dra. Ana
Carreño Delgado



Dra. Mireia
Esplugas MIMO



Dr. Miguel
Pérez-Abad

