

# FESSH Travelling Award 2021

03.10-15.10.2021

Instituto de Cirugia Plastica y de la Mano Madrid & Santander

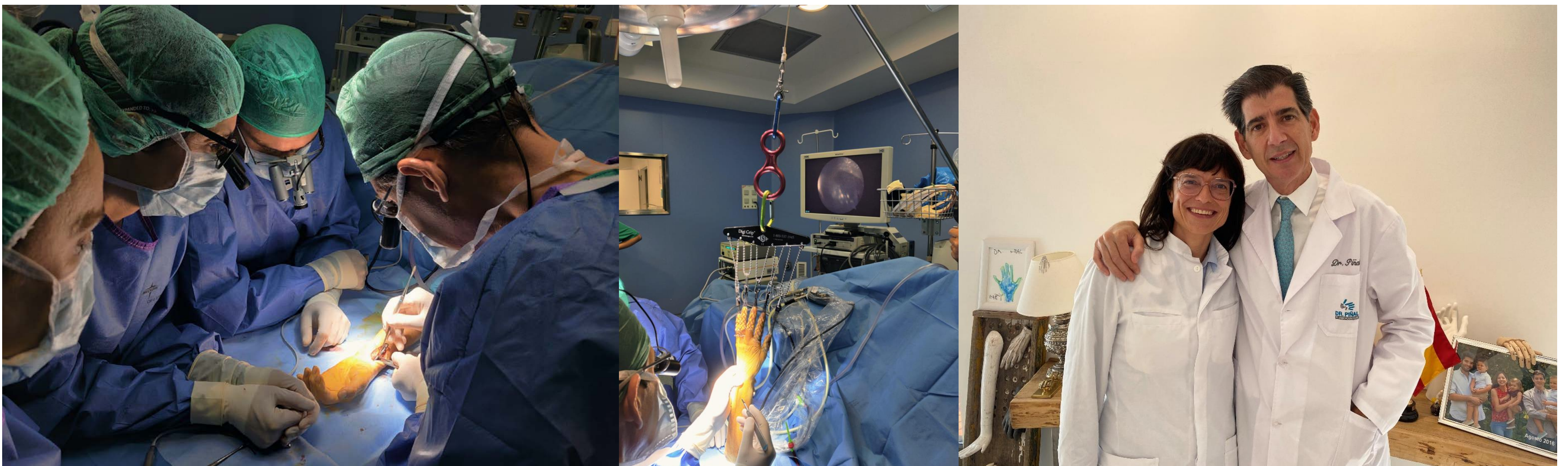
## Objectives

- To expand my knowledge in hand surgery with a focus on wrist arthroscopy
- To learn new approaches to well established diagnosis
- To observe a different clinic's routine including clinic hours and surgeries



## Fellowship activities

When I arrived at the Institute of Plastic and Hand Surgery in Madrid, Dr. Piñal was welcoming me very warm-hearted. He gave me and the other fellows lectures and presented us very interesting cases and patients and all the tips and tricks he use to treat them. Especially the latest research on complex region pain syndrome was for me very impressive. During my stay I accompanied Dr. Piñal in the operating room as during clinic hours.



## Personal experience

The first week I was in the operating room and clinic hours with Dr. del Pinal in Madrid.

I could accompanied different interesting wrist surgeries from wrist arthroscopy to distal radius corrective osteotomy to vascularized medial femoral condyle corticoperiosteal graft for scaphoid non-union and treatment of a spastic hand and of course many more. But I could not only learned from the OR and clinical hours, Dr. Piñal repeatedly presented difficult cases between the consultation patients and discussed the various surgical options with us.

In the second week, Dr. Piñal worked for two days in Santander. During my short stay in Madrid und Santander, I was fortunate enough to learn about many important concepts and techniques for difficult, complex problems. However, the most impressive experience was the new approach to the therapy of CRPS patients.

## Acknowledgement

The hand surgical team in Institute of Plastic and Hand Surgery was exceptionally kind and generously sharing there knowledge. I thank the team and especially Dr. Piñal for the great teaching and wonderful stay and the FESSH Training Council for the generous travel award and my head of the department, Prof. Schweizer that he let me go for two weeks to one of the best hand surgeons of the world.



## FELLOWSHIP CERTIFICATE

Santander, 31th October 2021

This is to certify that **Dr. Lisa Reissner**, has been visiting our unit from 03-10-2021 – 15-10-2021 doing a fellowship in the private practice in Santander and Madrid, training in arthroscopic and microsurgical hand and wrist reconstruction.

During her time with us she has shown great interest to improve her knowledge in hand surgery and she has attended all our activities: office, surgery, and clinical session in both clinics in Santander and Madrid.

Dr. Francisco del Piñal  
Head and Director  
Instituto de Cirugía Plástica y de la Mano  
Private Practice