

FESSH TRAVEL AWARD 2020

Rita Sapage – Portugal

1 JANUARY to 29 FEBRUARY 2020

Institut Català de Traumatologia i Medicina de l'Esport (ICATME) – Barcelona, Spain

Objectives:

To observe different hand surgery techniques

To get familiar with sports traumatology

To expand my knowledge about wrist arthroscopy

To establish and consolidate a professional relationship with wrist surgeons

Surgical experience:

Numbers:

Elbow – 17

Forearm – 4

Wrist – 48

Hand – 43

Pathology:

Complex trauma sequelae (Essex-Lopresti lesion, elbow fracture dislocation), tendon transfers for radial nerve palsy, wrist arthroscopy (wafer procedure, TFCC suture), DRUJ stabilization Sauvé-Kapandji procedure, basal thumb arthritis and Eaton-Littler procedure, congenital hand deformity as symbrachydactyly

Other work:

Surgical experience was complemented with numerous consult visitations, presentations of clinical cases, writing of scientific articles and sporadic anatomical dissection experience in partnership with Universidad Autònoma de Barcelona.

Acknowledgements:

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I would also like to thank all the team from ICATME Hand Unity for sharing their invaluable knowledge, technical expertise, scientific work and kindness with me. A special thanks to Professor Xavier Mir-Bullo and Dr. Sergi Barrera Ochoa for the opportunity.

#ICATMATEAM

Tuesday

Operation Theater

Perfect Team!



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#ICATMAFELLOWS



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