



Nazmi Bülent Alp - Turkey FESSH TRAVEL AWARD 2019

DECEMBER 11 -2019 to 03 JANUARY 2020

OBJECTIVES:

- To gain further expertise in carpal instability
- To establish and consolidate a professional relationship with surgeons –
- To observe different hand surgery techniques which I am not familiar –
- To expand my knowledge about wrist arthroscopy.

PERSONAL EXPERIENCE

I knew long ago that Barcelona was not a typical Spanish city. This is the city of Gaudi. It is a city where you will find the best examples of modern architecture, you will get bored while walking at La Rambla because of tourists, and you will relax while visiting Park Ciutudella. Barcelona is a city where both the perception of being in a very touristic place and the perception of being at home. Shortly I can say Barcelona MAS QUE A CIUDAD ☺

SURGICAL EXPERIENCE:

Thumb UCL repair, trigger finger release, carpal tunnel, metacarpal and distal radius plating, various wrist arthroscopy from Mirea Esplugeas, wide awake hand surgery from Anna Carinno, carpal instability lecture from Marc Garcia Elias, radius plating from Alex Lluch

ACKNOWLEDGEMENTS:

Thank you very much to FESSH for this opportunity and for the financial support. It is priceless to meet Kaplan Hand Institute team special thanks to Mirea Esplugeas for wrist arthroscopy and Anna Carinno for support, help and sharing her knowledge about hand surgery, hospitality. I gained an important improvement in my personal experience on Upper Limb and Hand Surgery

CERTIFICATE
IN
HAND AND UPPER EXTREMITY SURGERY

7/01/2020

This is to certify that Dr. Nazmi BÜLENT ALP has observed and participated in most Hand and Upper Extremity surgical procedures, as well as teaching activities at our institution, from December 11, 2019 to January 3, 2020.

Very truly yours,

Sincerely,

Dr. Alberto Lluch

Dr. Marc Garcia-Elias

Dr. Àngel Ferreres

Dr. Àlex Lluch

Dra. Anna Carreño



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The Institut Kaplan has been accredited by the Federation of European Societies for Surgery of the Hand (FESSH) for the training in Surgery of the Hand and Upper Extremity.







