



FESSH travel award 2018

Visiting fellow: Artur Soczka, MD
Department of Orthopedic, Traumatology and Hand
Surgery in the University of Medical Science Poznan,
Poland

17 September to 12 October L' institute de la main,
Paris, France



Objectives:

- to expand my knowledge in hand surgery
- to observe the organization of different clinics
- to learn new methods and approaches in the treatment of well-known diseases
- to create contacts with doctors from different country's

Personal experience:

During my travel award, I discovered that Paris is not only a wonderful place to learn hand surgery but to make new medical connections and friendships. At the beginning of my stay at the Clinic Bizet L' Institute de la main, I was immediately involved in the daily practice of dr Caroline Leclercq.

We started Monday morning at 8:00 in her office, with pre-operation and post-operation consultation of a vast amount of patients suffering from spastic hand, tumors, arthrosis, nerves entrapment, sport injuries of the hand and Dupuytren's disease. Dr Leclercq was always open to sharing her knowledge and discussed each patient and their medical problems with her fellows in detail.

On Tuesday at 7:00 am we were given a one-hour lecture, on various hand surgery subjects, by one of the specialists. Following the seminar, we moved to the operating room to about 5pm. During this time I was able to gain an enormous amount of knowledge and experience in hand surgery

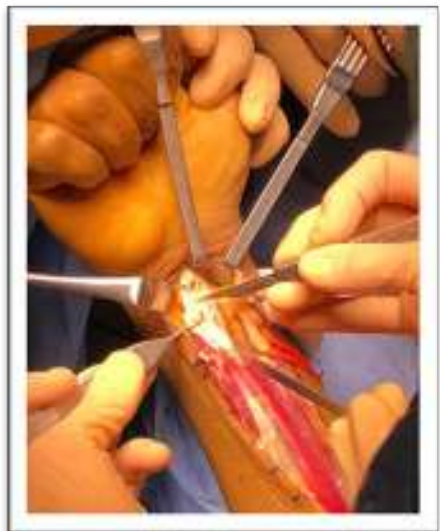
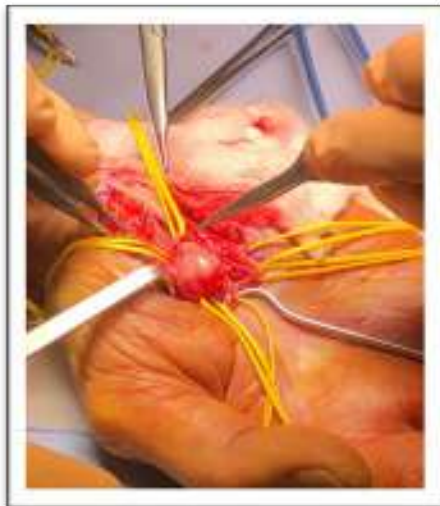
During the rest of the week, operations started at 8:00, and it was possible to rotate between different surgical procedures and surgeons. In the afternoon we had the option of staying in the operating room, work in the consultation office or travel with doctor Leclercq to the neuro-rehabilitation center to consult pre-op spastic patients.

After each intense day, it was time to share our experiences with the other fellows in one to the marvelous places in Paris.



Surgical training:

Throughout my visit in the hand surgery unit, I was able to gain knowledge in spastic upper limb surgery procedures such as selective neurectomy, tendon lengthening, and tendon transfers. Dr Leclercq shared her immense knowledge with her fellows and always explained the pros and cons of each of the procedures. Another essential understanding I gained was of wrist arthroscopy performed by prof Mathoulin, which included TFCC repair, styloidectomy, SL repair, interposition in SLAC with PL and the resection of wrist ganglions. Every surgery, with each surgeon, was full of great advice taken from the surgeon's own experience, which included endoscopic carpal tunnel release, scaphoid and radius fracture fixation, glomus tumor excision, arthroplasty small joints of the hand, Dupuytren's tissue resection, trapezectomy and fixation thumb and index metacarpal bones with tight rope system in proper position, climbers pulley injury- Lister technique reconstruction.



Acknowledgment:

I would like to thank the FESSH committee for the fantastic opportunity to visit one of the European hand surgery units and for their financial support. I would like to especially thank Dr Caroline Leclercq for every minute that you spent with your fellows, which was used to share your vast surgical knowledge and experience in the consultation office and the operating room. To prof. Mathoulin, I would like to thank you for your wonderful lessons and the wrist arthroscopies you showed us. Thank you, Dr Gero, for sharing your expertise in hand surgery, especially for Epidermolysis bullosa treatment. I would like to thank all the other doctors and staff from the L' institute de la main for your time and for allowing me to learn from you. Finally, to the other residents and fellows from all around the world I met, thank you for creating such an excellent atmosphere for learning hand surgery.





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Chirurgie de la main, du coude et de l'épaule
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Paris, 4 December 2018

To whom it may concern

This is to certify that doctor Artur Soczka from the Department of Orthopaedic, Traumatology and Hand Surgery at the University of Medical Science in Poznan, Poland has been visiting the Institut de la Main in Paris-France, from 17 September to 12 October 2018, as part of a FESSH travel Award.

During his visit he attended our daily practise in the consultation rooms, operating theatre and our morning lectures for residents.
He has shown great interest to improve his knowledge in hand and upper extremity surgery, and we trust that his stay was very profitable.

Sincerely

Dr Caroline Leclercq



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