

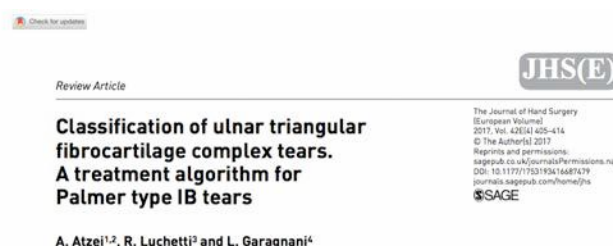
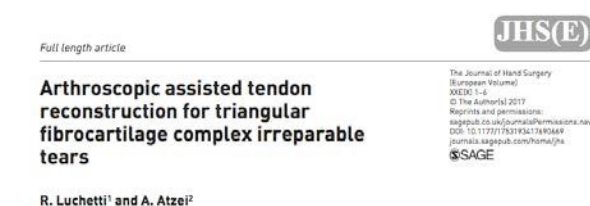
*FESSH Travelling Award 2018*  
*27th of August – 9th of September 2018*  
*Dr Andrea Atzei,*  
*Hand Surgery, Reconstructive Microsurgery.*  
*Treviso, Italy.*

### *OBJETIVES*

- To improve my clinical and practical experience in Hand Surgery and Wrist Arthroscopy.
- To learn different surgical techniques.
- To expand my knowledge about microsurgery indications.
- To observe a different healthcare system, with a consultant surgeon in a great area.
- To gain surgical experience in complex hand pathology repair.

### *LEARNING GOALS FROM THE VISIT*

I centered the aim of my visit on arthroscopy and microsurgery. Dr Atzei has participated in Wrist Arthroscopic procedures development. His researches describe anatomical, biomechanical and pathological disorders of hand and wrist, from an arthroscopical view. He described a new classification for CFCT injuries and he has designed new arthroscopical techniques for intercarpal or DRUJ instability. His knowledge about ulnar side pain has made me reflect about this complex pathology.



### **Arthroscopic Foveal Repair of the Triangular Fibrocartilage Complex**

Andrea Atzei, MD<sup>1</sup> Riccardo Luchetti, MD<sup>2</sup> Federica Braidotti, PT<sup>1</sup>

<sup>1</sup> Ferice Hand Surgery and Rehabilitation Team, Treviso, Pordenone, Italy  
<sup>2</sup> Rimini Hand and Rehabilitation Center, Rimini, Italy

Address for correspondence: Andrea Atzei, MD, Ferice Hand Surgery and Rehabilitation Team, Viale Louis Pasteur, 6/A, 31100 Treviso, Italy (e-mail: andreatzei@gmail.com).

J Wrist Surg 2015;4:22-30.

Practice Forum

**Dart-Splint:** An innovative orthosis that can be integrated into a scapho-lunate and palmar midcarpal instability re-education protocol

Federica Braidotti PT<sup>a,b,\*</sup>, Andrea Atzei MD<sup>a</sup>, Tracy Fairplay PT<sup>c,d</sup>

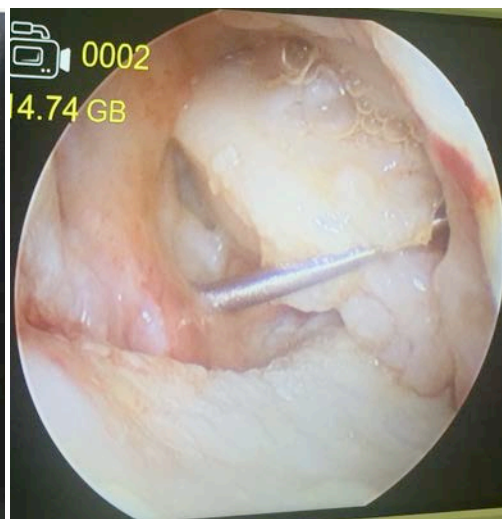
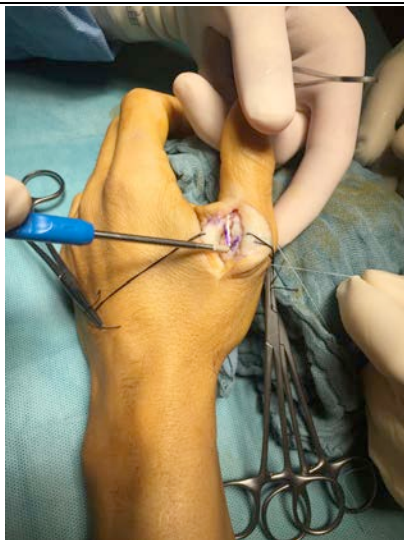
## FELLOWSHIP ACTIVITY

Dr Atzei travels all around the northEast of Italy, visiting different centers where he works as consultant hand surgeon. That's let me observe various healthcare organizations and visit those cities also. The schedule for the two weeks was:



- OUTPATIENT CLINIC: Treviso, Padua, Bassano di Grappa, Monastier, Verona. Attending diagnosis, pre and post-operative visits. These journeys let us discuss interesting reconstructive and trauma hand cases. Also, in Treviso Dr Atzei works linked to a physiotherapy equipment who get the completed successful result of his treatments. I had the opportunity to assist to individual orthosis designs and instruction of postoperative exercises.
- SURGICAL SESSIONS: planned in Policlinico "San Giorgio" Pordenone, Casa di Cura Giovanni XXIII Monastier di Treviso, and Padua. Complex hand and microsurgery cases, sending directly to him, were treated during these two weeks. We discussed every unexpected problem along the approach and dissection, and I could have useful tips and warn about the mistakes.
- TRAINING CASES: DRUJ instability, CFCT arthroscopical repair, rizarthrosis, local hand flap and skin grafts, primary and secondary tendon repair and transfers, thumb UCL plasty, carpal tunnel release, ulnar compressive neuropathy, phalanx/scaphoid/distal radius/metacarpal bone fractures, secundar nerve grafts after upper limb trauma, spactic hand sequelae, pseudoarthrosis proximal ulna after terrible triad elbow, posterior interosseous nerve release after arthroscopical epicondyle muscle treatment, midcarpal instability, scpaholunate and lunotriquetral ligamentoplasty, Intercarpal arthrodesis, trigger finger release, dupuytren contracture and WALANT tec





## ADKNOWLEDGE

I am really grateful for FESSH opportunity and financial support. This grant has made me improve my knowledge, experience and concerns about Hand Surgery. Special thanks to Dr Andrea Atzei to share his skills and inspirational tips with me; but above all for his hospitality and kindness.

**Dott. ANDREA ATZEI**

SPECIALISTA in ORTOPEDIA E TRAUMATOLOGIA  
CHIRURGIA PLASTICA RICOSTRUTTIVA  
DIPLOMA EUROPEO in CHIRURGIA DELLA MANO



Società Italiana di Chirurgia della Mano  
Presidente Commissione Linee Guida



European Wrist Arthroscopy Society  
President, 2014-2015



American Society for Surgery of the Hand  
International Member

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CHIRURGIA DELLA MANO, POLSO E GOMITO • MICROCHIRURGIA RICOSTRUTTIVA

Treviso, 10/09/18

Re: FESSH Traveling fellowship of Belén García-Medrano, MD

This is to certify that

Belén García-Medrano, MD

Staff Hand Surgeon from HM Montepíncipe Hospital, Madrid (Spain),

attended clinical and surgical activity in Hand Surgery, as awardee of

FESSH Traveling Fellowship

under my guidance from 27th of August to 9th of September 2018.

During her fellowship, Dr. García-Medrano showed strong willingness and commitment to improve her knowledge and practical skills in Hand and Wrist Surgery and especially in Arthroscopy and Microsurgery.

Sincerely,

Dott. Andrea Atzei

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Consulente presso Cliniche Accreditate SSN

CASA DI CURA "GIOVANNI XXIII" Tel.: 0422 896455  
Via Giovanni XXII, 10 MONASTIER di TREVISO

POLICLINICO "SAN GIORGIO" Tel.: 0434 519101  
Via Gemelli, 10 PORDENONE

MediLAB Sottoportico Teatro Dolfín, 4 - Treviso

Segreteria 345 5963 911

Email: [medilab.treviso@gmail.com](mailto:medilab.treviso@gmail.com)