



**INSTITUT
DE LA MAIN**

**FESSH
TRAVEL
REPORT**

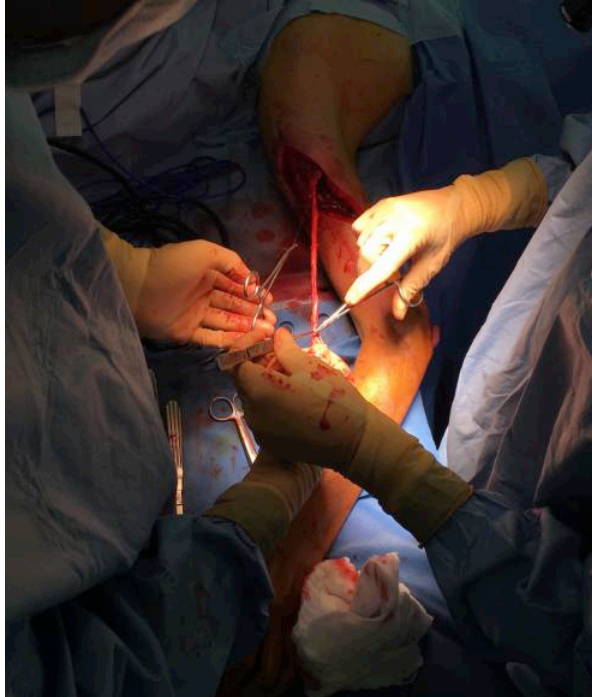


FESSH TRAVEL AWARD 2018
Dr Caroline Leclercq
July 2018

Mr Onur Berber
Hand Fellow
Pulvertaft Hand Unit
England, UK



I had the pleasure of visiting Dr Caroline Leclercq and the team at the Institut de la Main in Paris. My primary aims were to gain experience in the management of the spastic upper limb and to observe wrist arthroscopy procedures with Professor Mathoulin.

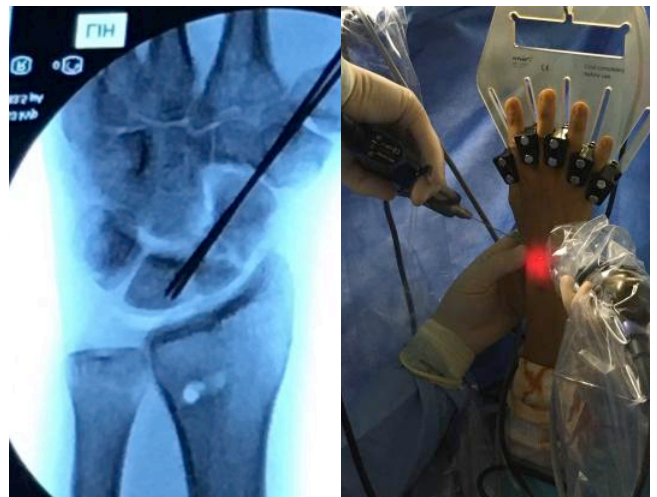


I had the privilege to observe several spasticity procedures with Dr Leclercq including tendon lengthening, tendon transfers, intrinsic release and a posterior deltoid to triceps transfer for elbow extension.

I had the opportunity to visit a local paediatric neuro-rehabilitation centre on the outskirts of Paris. I was able to observe the multi-disciplinary team approach to managing children with spasticity and in particular Dr Leclercq's assessment techniques. I observed the positive outcomes of selective neurectomy amongst other procedures.

I was able to explore Dr Leclercq's treatment philosophy for managing the spastic upper limb including the historical origins of her treatments.

The centre is also home to Professor Mathoulin who is a great proponent of wrist arthroscopy. He demonstrated several procedures including arthroscopic scaphoid non-union surgery.





This fellowship was a wonderful opportunity to explore advanced surgical techniques at a highly respected Hand Unit in the centre of Paris. Most importantly I developed new friendships with many surgeons from around the world. I am deeply grateful to Dr Leclercq for her valuable time and support during the visit. I am also very grateful to FESSH for this invaluable Award.

