

FESSH Travel Award 2016

Institut de la Main - Paris, France – Professor Christophe Mathoulin

Awardee: Simone Niemann, February 22 – March 20, 2016

Introduction

The *Institut de la Main* in Paris is one of the principal references for hand surgery and surgery of the upper limb in Europe.

As a FESSH-accredited Hand Trauma Centre, it has a reputation that widely crosses the European borders.

The Institute was founded by Professor Raoul Tubiana and is directed by Professor Alain Gilbert. It treats all lesions of the upper limb, whether they are traumatic or congenital as well as degenerative and others. More than 7000 patients are treated there every year.

The special interests are microsurgery, brachial plexus surgery, quadriplegia, treatment of congenital malformations and arthroscopic surgery.

It is also a centre for education and organizes two international congresses per year.



Clinique Jouvenet – Paris XVI., Institut de la Main

Objectives

-to acquire new insights into different concepts and structures abroad and to compare various conditions of hand surgery and rehabilitation

-to deepen my knowledge and skills in wrist arthroscopy as well as microsurgery under the guidance of some of the most famous European hand surgeons in a country with a history of pioneers in this field

-to broaden my experiences concerning hand surgery and to observe and learn different approaches and insights into a wide spectrum of diseases

Experiences

I had the opportunity to participate in various kinds of operations and observe or scrub the procedures.

Everyone of the surgical staff was very open and hospitable to me and the other fellows from all over the world. There was a constant exchange of knowledge, tips and tricks around our common specialty and interdisciplinary.

I had the chance to participate in many arthroscopic operations of Professor Christophe Mathoulin and experience his procedures live and on site.

I was able to join Dr. Caroline Leclercq for her consultations in the institute and on special outpatient clinics for patients with nerve disorders.

Also I was given the opportunity to participate in the annual international symposium of the Jouvenet Hand Institute entitled „Update in tendon transfer for irreparable tendon tears“ on the 18th and 19th of march 2016.



Conclusion

Finishing this training period I am absolutely convinced that it is a great support for young surgeons in achieving as much knowledge as possible.

There is the chance to learn from experienced and outstanding hand surgeons, who are willing to share their amazing work experience and pass their knowledge on to the next generation.

By passing on knowledge from one generation to the other, there is the possibility for constant improvement, keeping in mind, that sharing knowledge makes everyone better.



Paris VI. arrondissement



Musée Rodin

Acknowledgements

-I cordially thank the FESSH for this generous award, offering the opportunity of an amazing experience to me. It was an exceptional possibility to learn, share and develop my skills in order to better serve my patients

-special thanks to Professor Christophe Mathoulin for the invitation and hospitality and sharing his expertise and knowledge, as well as Dr. Caroline Leclercq for her support and kindness inside and outside of the institute

-many thanks to Professor Axel Ekkernkamp and Professor Andreas Eisenschenk for their constant support

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