

Letizia Marengi, MD

University of Parma
Italy



FESSH travelling award 2016

Institut Kaplan

November - December 2016

AIMS:

- understanding the newest concepts concerning hand and wrist biomechanics;
- improving my knowledge in degenerative, traumatic and post-traumatic hand, wrist and elbow diseases;
- observing innovation in open and arthroscopic hand surgery.

FELLOWSHIP ACTIVITIES:

- attend meeting and lessons;
- take part to outpatient clinic;
- assist during the surgery.

PERSONAL EXPERIENCE:

I attended at Institut Kaplan, center of hand and upper extremity surgery, with other two international visiting fellows. Daily private practice activity starts at 8.30/9.00 and continues until the evening with surgery or visits in outpatient clinic depending on the day of the week. The visits take place at Institut Kaplan, whereas surgery is performed in Kaplan and other hospitals in Barcelona.

I have been involved in monthly meeting, teaching lessons and a hands-on course.

An excellent collection of books is available in the library of the Institute.



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CONCLUSION:

I understand how fundamental is the knowledge of anatomy and biomechanics and the research about them to improve the clinical evaluation, the surgery techniques but also the conservative treatment and postoperative rehabilitation.

This experience has motivated me to continue studying, to improve my skills and has contributed to my development as an hand surgeon.



ACKNOWLEDGMENTS:

I would like to thank the FESSH committee for the opportunity and financial support; Dr Garcia-Elias, Dr. Ferreres, Dr. Lluch and Dr. Carreño to be shared with me their precious time teaching and giving me their important advices. I will bring them with me all the days of my career. To conclude, I am also very grateful to them for showing how much is better working with passion and happiness.



INSTITUT KAPLAN

This is to certify

that **Dra. Letizia Marenghi** was attending as a fellow to all the activities of this Institute during the months of November and December 2016 till the date.

During this period she assisted to different hand and elbow surgeries including Trauma and sequel, Rheumatoid surgery, Nerve surgery etcetera, and participated in several studies performed at the institution.

A handwritten signature in black ink, appearing to be 'A. Ferreres', written in a cursive style.

Dr. Angel Ferreres
January 13th 2017