

FESSH Fellowship Award



**C.T.O. Centro
traumatologico ortopedico
di Torino, Italy**



October 2016



Doctor Bruno Battiston, Director of the Unit for complex operative treatment, hand surgery, upper limb and microsurgery of the musculo-skeletal department of the C.T.O. and his team of specialists in traumatology, plastic surgery, hand surgery, microsurgery and residents in specialisation:

Dr. Stefania Vanni, Dr. Pierluigi Cosentino, Dr. Chiara Arrigoni, Dr. Matteo Ferrero, Dr. Arman Sard, Dr. Maddalena Bertolini, Dr. Elisa Dutto, Dr. Pierfrancesco Vassoney, Dr. Bruno Battiston, me, Dr. Lili Kreutzer, Dr. Carolina Civitenga, Dr. Paolo Titolo, Dr. Bennardino Panero, Dr. Alessandro Crosio, Dr. Stefano Artiaco.

It is a huge honour to write a FESSH fellowship report and I hope it may serve as motivation for other colleagues to pursue this prestigious award in the future. I highly recommend the international exchange between European hand surgeons in all state of education enabled by the Federation of European Societies for Surgery of the Hand. It is a great opportunity to gain insight into the philosophy of other European hand trauma centres.

As a third year resident of a six year specialization in traumatology and orthopedics in Berlin, Germany, I decided to undertake the purpose to fulfill the European FESSH fellowship was to broaden professional knowledge, education and technical skills taking the chance of an European exchange, which is currently not scheduled in the German specialist training.

I visited the C.T.O. in Turin, a major medical centre and one of the leading orthopaedic centres in Italy. The C.T.O. is part of the A.O.U., città della salute e della scienza di Torino, with independent rosters for general trauma, spinal trauma, hand trauma and replantation, and is one of Italy's reference centres for microsurgery, reconstructive surgery, lesions of peripheral nerves on a 24/7 basis. In addition it is the main teaching hospital for regional medical faculties, providing courses in microsurgery annually, with it's own microsurgical laboratory, and a library for self-study.

Practical Experience:

- Complex brachial plexus injury. reconstruction of the accessory nerve with interposition of n. suralis, neurotisation of the subscapular nerve and interposition with n. suralis, neurotisation of the triceps branch, revision of the clavicular fracture and stabilisation after severe motorcycle accident
- Free latissimus dorsi to gluteus medius/maximus flap¹ in a young woman after a car accident with a severe gluteal soft tissue damage, several interventions, pain suffering over the trochanter mayor and loss of function of the gluteal muscles.
- Release of prox. digital flexor insertion and transfer of distal ext. tendon lumbricalis muscles to support the MCP flexion after a severe cranial trauma and spastic flexion of the proximal and distal interphalangeal joints while the metacarpophalangeal joints where extended.
- Treatment of a scaphoidpseudarthrosis with interposition of a radial corticospongious span.
- Complex forearm fractures, metacarpal- and phalangeal-, Bennett- and Scaphoid-fractures.
- Total elbow prosthesis after severe fracture of the elbow, wrist and shoulder.
- Treatment of M. Dupuytren with a palmar injection of Xiaplex and extension in 24h and after-treatment.
- Open decompression of the median and ulnar nerve compression syndromes.
- Basics of microsurgical work at Lab and participation at the basic microsurgical course "corso di microchirurgia 2017"



¹ microsurgical work on a free lat. dorsi flap

At the beginning of my stay I was warmly welcomed with generous hospitality into the hand trauma centre of the CTO. I soon became integrated into the team of traumatologists, plastic surgeons, microsurgeons and residents who are working in the wide field of complex hand – and microsurgical trauma cases. On Monday morning conferences at 07.15 a.m. the cases of the weekend were discussed as well as the plan for the week was made. Afterwards I was part of the team on the ward, the ambulance, the emergency room and in the operation theatre during the week. The operating surgeon was always eager to give detailed explanations, to teach and to discuss international differences in treatment and after care- options.

I was kindly invited to the reunion of the society of hand surgery in Piemonte (Societa italiana di chirurgia de la mano SICM) where every hand trauma centre presented their most interesting and difficult cases and regional scientific studies were planed. Rounding the evening off, we were invited to an amazingly delicious dinner.

Thank you very much for this wonderful experience!



**AZIENDA OSPEDALIERA
CTO/MARIA ADELAIDE**

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Torino, October 21st, 2016

TO WHOM IS INTERESTED FOR

This letter is to certificate that Dr. Lili Kreutzer visited our Center from October 8th to 23rd with a FESSH fellowship . She showed great disposition to learn and apply herself, especially in reconstructive and hand surgery. She practiced with us clinical activity, showing great interest in fully completing his culture and professionalism.

Then, I think that she is absolutely to be recommended for further trainings and fellowships

Dr. Bruno BATTISTON
Vice President SICM (Italian Society for Surgery of the Hand)

Capo Sala CTO

10° piano:
Sig.ra Annamaria FREGONESE
0116933277

9° Piano:
Sig.ra Rosa ZITO

4° Piano Week Hospital:
Sra Tiziana ROSSI
0116933301

Capo Sala M. Adelaide

1° Piano
Sig.ra Patrizia Benotto
0116937306

Segreteria CTO WH
0116933301

Segreteria Maria Adelaide
0116937253

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