

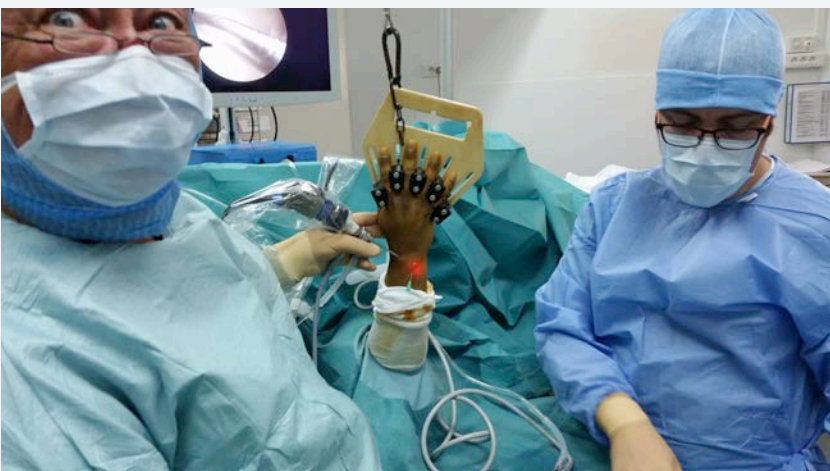
Details of the Fellowship

Awardee:
 Dr Sándor Szlovák
 Consultant O&T and Hand Surgeon, EBHSD
 National Medical Rehabilitation Center, Budapest, Hungary
 sandor.szlovak@gmail.com
 Aim of the Fellowship:
 Surgical reconstruction of spastic upper limb, wrist arthroscopy
 Period of time:
 october-november 2015



Description of the host institute

Created in1985 by Pr Tubiana, led since 1995 by Pr Gilbert in downtown Paris, Institut de la Main of Clinique Jouvenet is a prestigious European Hand Center, famous for it’s prominent international teaching system. Appr. 7000 patients are operated annually following the referrals from all over France. All of the upper limb conditions are treated here, one of them is spasticity and tetraplegia with the leading consultant, Dr Caroline Leclercq (left). Plexus surgery (Pr Gilbert- right up), wrist arthroscopy (Pr Mathoulin - right down) are also the strengths of the clinique. There is even a dedicated shoulder team.



Experiences

I had the opportunity to take part the regular consultation sessions of Dr Leclercq, where I have seen all sort of but frequently complicated cases in hand surgery. Beyond the new patients it was very beneficial to follow up those who underwent surgery when I was personally present in the OT. Dr Leclercq, as a spastic upper limb expert regularly visits certain rehabilitation centers around Paris. It was a great chance for me to get acknowledged the well established pre- and postoperative evaluation system and professional physical examination tests of various spastic conditions. In spite of the usually tight timetable Dr Leclercq always took her time to give detailed answers to my questions and enlightened the obscure points for me.



I spent 6-8 sessions weekly in the OT. Since there are 13 upper limb surgeons at Clinique Jouvenet and 3-5 surgeries are performed simultaneously I could observe and assist great scope of hand and shoulder cases.



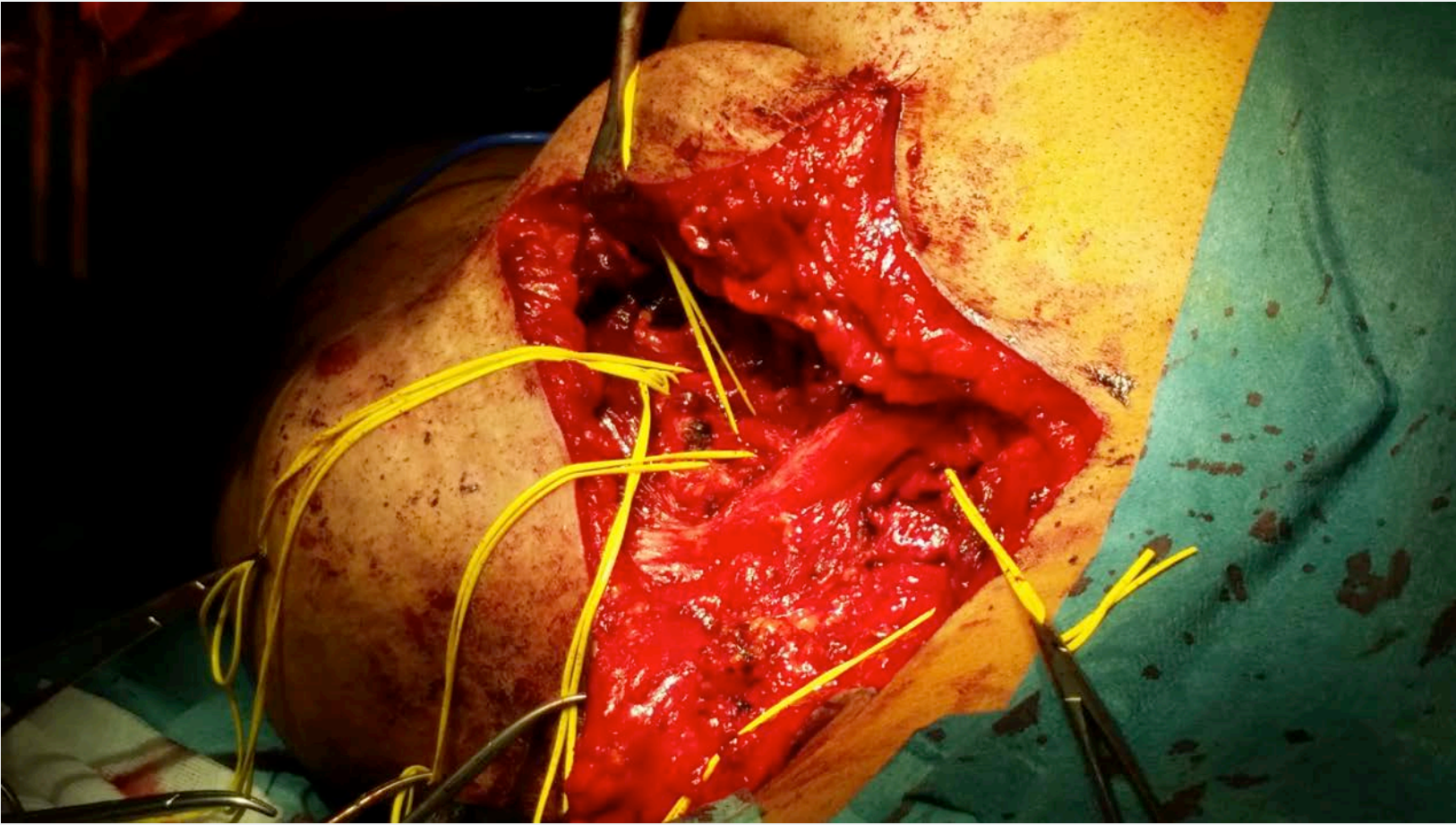
French style in the OT: each room has got it’s own name after one great French painter



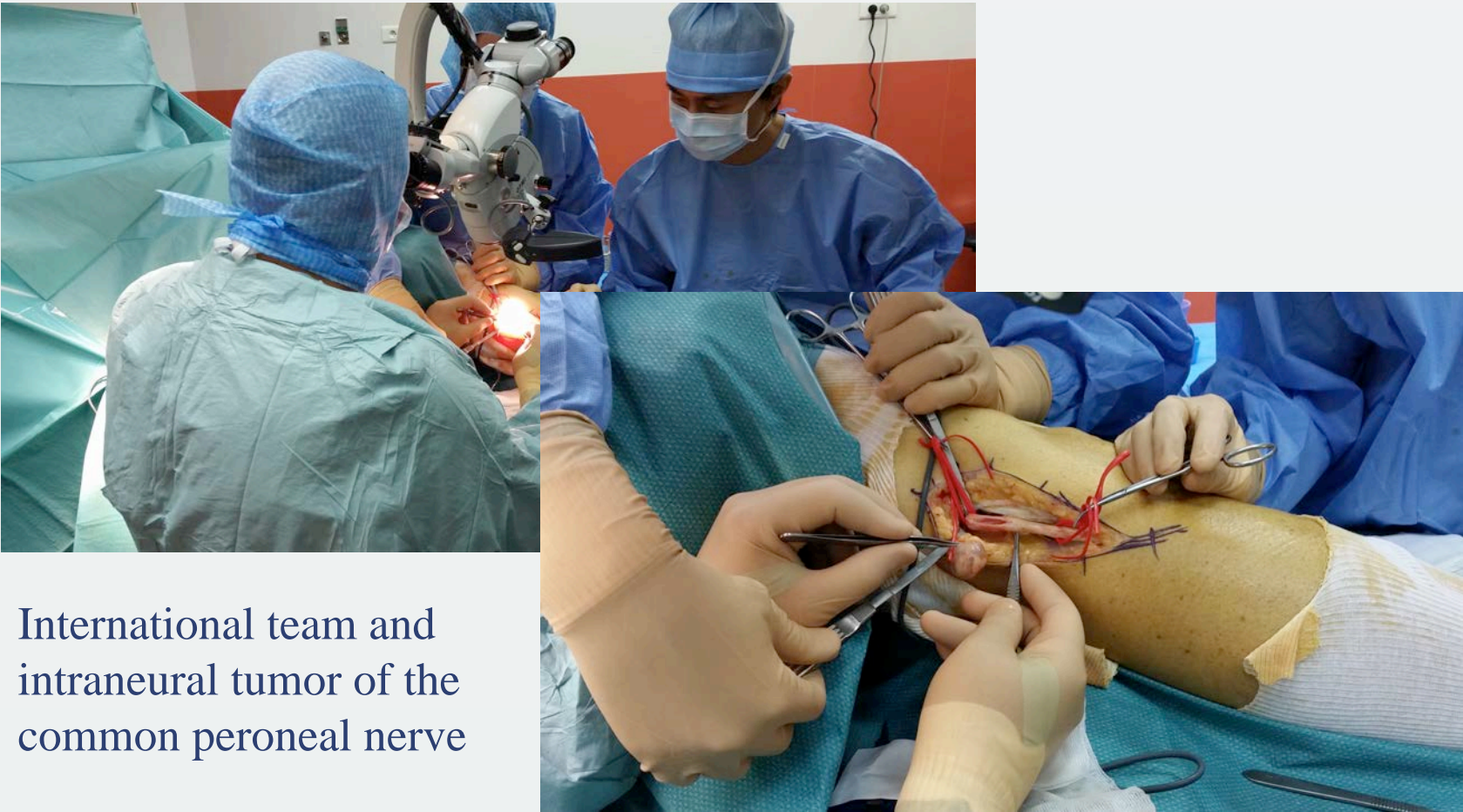
Pictures from the surgery



TFCC arthroscopic reconstruction



Repair of plexus brachialis closed injury



International team and intraneural tumor of the common peroneal nerve



Pyrocarbon implant for avascular necrosis of the scaphoid

Conclusions and Acknowledgements

Due to my experiences, the Insitut de la Main of Clinique Jouvenet has got a well organized training program. The scope of the clinique is extensive in the field of upper limb surgery thanks for the skilled consultants and associated team members. Most of the consultants have extraordinary educational ability and they are keen on delivering their knowledge to the trainees at different levels. The location of the department is excellent, for it is easy to reach from all part of Paris by public transport.

I would definitely recommend future and versed hand surgeons to plan a fellowship there.

I would like to thank Dr Caroline Leclercq for her hospitality, kindness and eagerness of teaching. I believe that we have established a relationship which will be fruitful in my professional career. Based on this we can improve the handling of spastic upper limb conditions at the National Medical Rehabilitation Center of Hungary.

Pr Mathoulin: thanks for the lot of tips and tricks in wrist arthroscopy, watching your magical skills was amazing.

Dr Kilinc and Dr Gras: I am really grateful for your cordial approach, you made my time in the OT extremely valuable.

I obviously need to thank FESSH for the award and my home institute and its head Dr Péter Cserhádi of having supported my stay in Paris.