



FESSH Travelling Award 2015 Fellowship Report Instituto de Cirugía Plástica y de la Mano

Paseo Pereda nº 20 1º

39004 Santander (Cantabria) – Spain

Fellow: Mr.Aftab Siddiqui, St Andrews Centre for
Plastic and Hand Surgery, Chelmsford, UK



Objective:

- 1.Learn the management of complex hand problems
- 2.Exposure to decision making for best outcome of hand trauma
- 3.Understanding pathophysiology of trauma and decision making

Introduction

During my visit to Institute de Cirugia Plastica, Santander from 3rd November to 27th November 2015, I was exposed to the highest standard of management of hand trauma. I visited the outpatient clinics at the Institute and The Mompia hospital and attended theatres at Mompia hospital and Montenesa.



COMPLEX TRAUMA MANAGEMENT

The management of complex hand trauma with use of vascularised tissue transfer including toe transfer, joint transfers and vascularised bone grafts resulted in very good clinical outcomes. The learning point was the decision making in their management with logical planning.



ARTHROSCOPIC DISTAL RADIUS FRACTURE FIXATION

My approach to distal radius fracture fixation has totally changed after observing the management by Dr.Pinal. The procedure was resulting in reduction under vision without adding much to operative time.

INTRAMEDULLARY PHALANGEAL FRACTURE FIXATION

I had first hand experience of intramedullary fracture fixation using headless cannulated screw resulting in great stability and without much soft tissue dissection. Post op results were very nice.



VASCULARISED BONE FOR NON UNION

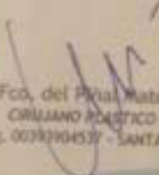
The use of vascularised bone for non union with skin paddle was very good technique for management of nonunion.

Acknowledgements: FESSH Travelling Award committee and Dr.Pinal for this opportunity to learn .

Santander, 27th November 2015

This is to certify that Dr. Aftab Siddiqui has been visiting our unit during the days 3rd-27th November 2015 in the private practice and in the Hospital Mutua Montañesa, training in arthroscopic and microsurgical hand and wrist reconstruction.

During his time with us he has shown great interest to improve his knowledge in hand surgery and has attended all our activities: office, surgery, and clinical sessions.



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