

2015 FESSH Travelling Award Fellowship Report



The Pulvertaft Hand Centre
within the Royal Derby Hospital

Awardee:

Egemen Altan Associate Professor
Selçuk University Medical Faculty
Orthopaedics and Traumatology
Hand Surgery Department.
1 April- 1 May 2015



Firstly, I would like to thank FESSH for the financial support during my visit. My objectives for this fellowship were to improve my understanding about the new techniques and indications of wrist arthroscopy as well as to get more experience in osteoarthritis and nerve problems.

Pulvertaft Hand Centre is situated in Royal Derby Hospital, UK and includes consultants with combination of orthopaedic and plastic hand surgeons work in close relation and harmony. It was a pleasure to discover the organizational model in a hand surgery team in Pulvertaft Hand Centre.

This consultant team kindly involved me to the daily clinic and teaching activities including the assessment of the patients and surgical procedures. The activity of clinic is concentrated on specialized hand surgery, open wrist and arthroscopic procedures, and upper extremity peripheral nerve decompression procedures. Mr. Tommy Lindau who was the former president of EWAS is a pioneer hand surgeon in the field of wrist arthroscopy. I found the chance to learn many sophisticated arthroscopic procedures such as how to shrinkage a central TFCC tear arthroscopically. I could also assist and observe the complete diagnostic and therapeutic process.



Typical work day starts at 8 am, and during clinical activities, I have realized the importance of experience in examination, taking medical history for the individual needs and complete the treatment regime. Highly qualified hand physiotherapists and nurses are also an important complementary part of this organization.

In a one month of period, I had the opportunity to see a considerably amount of wrist arthroscopy and related procedures. I could also participate in interesting weekly educational meetings with Mr. Carlos Hera-Palou and Ms. Jill Arrowsmith.

As a result,



As a conclusion, this fellowship validated my surgical skills and I found the chance to observe the different approaches to a wide spectrum of diseases. Also, this fellowship was a great opportunity to discover and compare how the surgeons in different countries face the hand and wrist problems.

Acknowledgement

FESSH Traveling Award Committee for the financing of the fellowship.

Pulvertaft Hand Centre

Royal Derby Hospital



Derby, England

This is to certify that

Dr. Egeman Altan

has been a

Clinical Observer at the

Pulvertaft Hand Centre

From

1st April 2015 – 30th April 2015

Mr. P. Russell

Consultant Hand & Plastic Surgeon/Clinical Lead