

# FESSH TRAVELLING AWARD 2014

**FIZAN YOUNIS**  
ROYAL BLACKBURN HOSPITAL,  
BLACKBURN, UNITED KINGDOM

**INSTITUT DE LA MAIN**

**CLINIQUE JOUVENET**

**PARIS**

**2<sup>ND</sup> - 27<sup>TH</sup> JUNE 2014**



## FELLOWSHIP ITINERARY

**WEEK 1** 9 theatre sessions  
Surgeons:  
Prof Lenoble, Prof  
Leviet, Dr Leclercq,  
Prof Mathoulin, Dr  
Brunelli, Prof Roulot  
and Dr Kilinc

**WEEK 2** 8 theatre sessions  
Surgeons:  
Prof Lenoble, Prof  
Leviet, Prof  
Mathoulin, Prof  
Gilbert, Dr Brunelli

**WEEK 3** Part II of European  
Diploma of Hand  
Surgery

FESSH Congress

**WEEK 4** 6 theatre sessions  
Surgeons:  
Prof Leviet, Prof  
Mathoulin, Prof  
Lenoble, Dr Brunelli



## FELLOWSHIP HIGHLIGHTS

### OBJECTIVES

- Build on technical skills in wrist arthroscopy
- Understand the growing indications and applications of wrist arthroscopy
- Pass European Hand Diploma Exam
- Attend FESSH Congress

I spent 4 weeks at the Institut de la Main in Paris in June 2014. The Institut de la Main is a busy private hospital serving as a tertiary referral centre for both elective and trauma surgery.

The average day starts at 0800 and ends between 1800-1900. Typically there are between 2 and 4 hand surgeons operating during the course of the day with each surgeon having access to 2 theatres simultaneously.

There is a weekly teaching session for the residents and fellows. There is also a staff meeting every month where the complex cases are discussed.

I saw in excess of 200 cases during my visit

having had the opportunity to scrub for many of these. I saw a considerable volume of wrist arthroscopy with arthroscopic scapho-lunate ligament repairs and TFCC repairs forming the bulk of these.

Despite my interest being wrist arthroscopy I saw an array of procedures with a toe to hand transfer and selective neurectomies for spasticity amongst the highlights.

### ACKNOWLEDGEMENTS

I would like to thank Professor Christophe Mathoulin and all his colleagues at the Institut de la Main for their hospitality and support during my fellowship.

I would also like to extend my gratitude to the FESSH Training Council for the generous award.