



FESSH Travelling Award 2014

Dr. Viviána Maja Rosero MD

Merényi Gusztáv Hospital South - Pest Trauma Center, Budapest (Hungary)



Fellowship details:

Place: Salford Royal NHS Foundation Trust, Manchester (UK)

Period of time: January – February 2014

Consultants: Mr. Lindsay Muir, Mr. Zafar Naqui

Hand therapist: Janet Jackson

The Institution:

The Trauma and Orthopaedics service of Salford Royal NHS Foundation Trust, provides a service for local population of 220,000 and accepts complex referrals from the surrounding hospitals of Greater Manchester.

The orthopaedics service, including the Hand Unit see 52,000 out-patients and look after 4,800 in-patients. It is undertaken a total of 4,800 operations of which 3,500 are elective and 1,300 are trauma cases. 2,000 of these operations are performed annually as Day cases.



Experiences:

Mr. Muir and the rest of the hand unit made me involved in the daily activities of the department. Thanks to their kindly welcoming, I really felt active part of the „Hand Team”. During my visit I attended the morning trauma meetings, the out-patients hand clinics and theaters.

At the hand clinics we attended patients with different elective hand pathologies, follow-up and acute trauma cases. Usually in a normal Hand Clinics morning we check out 20 to 30 patients, even during this amount of patients Mr. Muir always has time to ask and explain thoroughly the different pathologies and treatment options. At the clinic there is the opportunity to have the professional assistance of a hand therapist at the same time. Usually I attended 3 – 4 sessions of elective hand surgery and trauma cases per week at the theaters. It didn't matter whether it was a trigger finger operation or a more complex wrist arthroplasty, we had very interactive discussions about the different operative techniques and tricks, it was really fantastic.

I had the possibility to assist to the Annual Meeting of the North West Hand Surgeons meeting and had the opportunity to have a presentation in it, „Reverse PIP dislocation”.

| Logbook: | | | |
|---|----|--|---|
| Trigger finger release | 4 | Thumb MCPJ | |
| Carpal tunnel release | 11 | -UCL reconstruction | 2 |
| Cubital tunnel release | 3 | -RCL reconstruction | 1 |
| Ganglion excision | 2 | III. MCPJ radial saggital band open repair | 1 |
| Mallet finger | | CMCJ arthrosis | |
| - dermatenodesis | 1 | - injection | 4 |
| -ORIF | 1 | -arthroplasty | 1 |
| Dupuytren | | Wrist arthrosis | |
| - fasciectomy | 1 | - total arthrodesis | 1 |
| - revision fasciectomy + skin grafting | 1 | -partial arthrodesis | 1 |
| -Xiapex inj. | 4 | -total wrist replacement | 1 |
| Prox.phal. fracture | 2 | SLAC wrist – modified Brunelli procedure | 1 |
| Prox.phal.malrotational fr. – derotational OT | 1 | MCPJ arthrosis, RA – arthroplasty | 1 |
| Wrist arthroscopy | 3 | PIPJ arthrosis – arthroplasty | 3 |
| Distal radius fracture | 3 | DIPJ arthrosis – arthroplasty | 1 |
| PIP fr.-disloc. – Hemihamate arthroplasty | 3 | Sympathectomy | 1 |
| Scaphoid fracture | | Thumb FPL rupture – 2 stage reconstruction | 1 |
| - p.c. screw fixation | 4 | Thumb EPL rupture – reconstruction | 2 |
| -malunion, ORIF graft | 1 | Tendon transfer | 1 |
| | | Distal phal. amputation | 2 |
| | | Metal work removal | 2 |



Summary:

This fellowship at Salford Royal was an effective and enjoyable experience and I felt very welcome in the Hand unit. I improved my experience and I learned new diagnostical potentials and surgical techniques which I will incorporate into my practice. Last but not least, I passed the European Hand Diploma Examination.

I look forward to visiting again one day.

Acknowledgements:

I would like to thank to the FESSH Training Council for this great opportunity that the Travel Award provide me.

I also would like to thank to Mr. Muir and all the hand unit of Salford Royal NHS FT.