

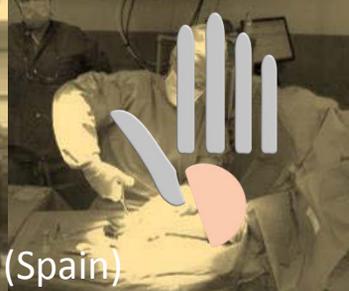


FESSH TRAINING AWARD 2014

Institut de la Main, Paris (France)

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INTRODUCTION: FESSH Travelling Award 2014 provided me the opportunity to visit, and take part in the day a day program of Institut de la Main, at Paris. This is a referral center for Hand surgery and microsurgery. An average of 7000 patients are operated per year.

FELLOWSHIPS DETAILS:

✓ **Period of time:**

November-14 to January- 15

✓ **Planning:**

❖ November:

- Theatre with Dr. Valenti, Prof. Roulot, Prof. LeViet, Dr. Brunelli and Prof. Gilbert.

❖ December.

- Theatre with Dr. Leclercq, Prof. Roulot, Prof. Mathoulin and Prof. Gilbert.

❖ January

- Theatre with Dr. Lenoble, Prof. Mathoulin, Dr. Leclercq, Prof. Gilbert and Prof. LeViet.



OVERVIEW:

One of the best things of this center is that a wide range of surgeries are performed each day, from classical hand surgical cases to more specific ones as: wrist arthroscopy, spastic hand and braquial plexus injuries

✓ **Teaching activities:**

This center has 12 residents per year, so there are teaching sessions:

- Once per week a bibliographic session
- Once per week a cours
- Once per month a STAFF meeting were the complex cases are discussed

Specific Surgeries performed during my stage:

- ***Tetraplegic Upper Limb:***

Posterior Deltoid to Triceps, Lasso Technique, Tendinous transfers as BR to ECRB...

- ***Spastic Elbow:***

Selective neurotomy of musculocutaneous nerve, biceps tenotomy...



Specific Surgeries performed during my stage:

- ***Braquial plexus injuries:***

Leechavengongs's technique, Oberlin's neurotization, transfer of the radial nerve branch to the ECRB to the AIN to reconstruct thumb and finger flexion, Lattisimus Dorsi transposition, derotational forearm osteotomies...

- ***Wrist Arthroscopy***

Proximal scaphoid pole resection and interposition of pirocarbon implant, scapho-lunare ligament reconstruction, dorsal wrist capsule reconstruction, radius osteotomy...

CONCLUSION

The visit helped me have a better understanding of the basics of hand anatomy, function and surgical procedures. I also could see specific pathologies and I learn about wrist arthroscopy, spastic hand and braquial plexus. I learn about the clinical decision making processes from a team of skilled and experienced hand surgeons.

ACKNOWLEDGMENTS:

- To FESSH society, that has given me a wonderful oportunity spending 3 months in one of Hand refence centers in Europe.
- To all the surgeons of Institut de la Main, specialy to Prof. Mathoulin, Dr. Leclercq and Prof. Gilbert, who shared with me their knowledge.
- To Marqués de Valdecilla Hand Surgery Unit (Dr. Del Canto, Dr. Sánchez, Dr. Ayala, Dr. Peñas and Dr. Sanz) for their support during last years.