

FESSH-Travel-Fellowship 4/13

Institut Kaplan-Barcelona

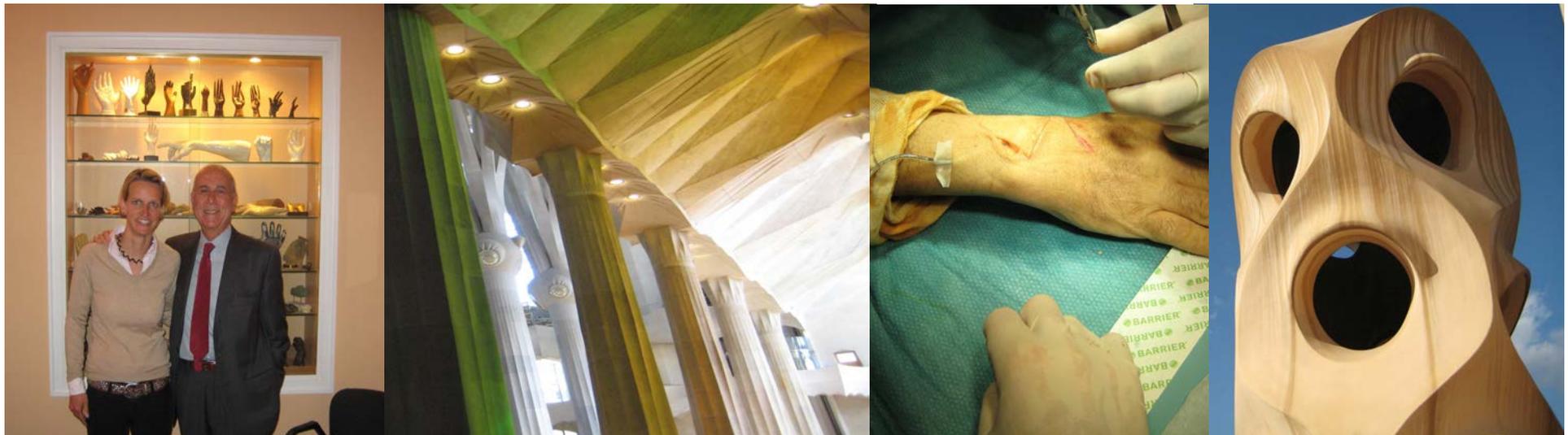
Anke Lindenmaier M.D.

I visited the Institut Kaplan in Barcelona to learn the secrets of wrist surgery. I wasn't quite sure, what they were expecting from me. When I entered the Institut Kaplan, I was immediately seized by the spirit of hand surgery. The welcome was overwhelming. The founder of the institute, Mr. Alberto Lluch M.D., Ph.D., introduced me in a place with a lot of sculptures, pictures and paintings of hands and many portraits of famous handsurgeons. 15 minutes later we were sitting in a small operating theatre and he was doing an implantation of a trapezium-silicone-prosthesis. He was explaining during this single case nearly everything, what you should know about hand surgery:



anatomical positions of the joints, biomechanics, dressings and postoperative treatment. Teaching like this was completely new to me. It didn't matter whether it was a trigger finger operation or a difficult radius osteotomy, the explanations were fantastic. I was really impressed, how these surgeons, Mr. Alberto Lluch M.D., Ph.D., Mr. Marc Garcia-Elias M.D., Ph.D., Mr. Angel Ferreres M.D., Ph.D. and Mr. Alex Lluch M.D., Ph.D. all famous for their research, were that down-to-earth, always checking their results and thinking about something new to improve the knowledge of hand surgery. Beside the operations and visits they showed me their special specimen devices at the institute of anatomy of the faculty of medicine. Further they presented lessons about biomechanics of the wrist, implants, bone tumors or cysts always with an interacting discussion, especially for us fellows.

As a resumee, I thank „my new friends“ of the Institut Kaplan for the great teaching and wonderful stay, the FESSH for the travel award and my head of the department, Mr. Marcus Spies M.D., Ph.D. with his team, that they had let me go for a month in one of the nicest cities in Europe: BARCELONA





INSTITUT KAPLAN

17 June 2013

DIPLOMA

To whom it may concern:

This is to certify that **Dra. Anke Lindenmaier** has observed and participated in most Hand and Upper Extremity surgical procedures, as well as teaching activities at the Institut Kaplan during the month of April of 2013.

Very truly yours,

Dr. Alberto Lluch

Dr. Marc García-Elías

Dr. Àngel Ferreres

The Institut Kaplan has been accredited by the Federation of European Societies for Surgery of the Hand (FESSH) for the training in Surgery of the Hand and Upper Extremity.