

## FESSH Travelling Award 2011

Plastic and Reconstructive Surgery Department

Spitalul de Recuperare (Recovery Hospital), Cluj-Napoca, Romania

March 16th – April 16th 2011

Piotr Czarniecki, Poznań, POLAND

Thanks to FESSH financial support I was able to visit Plastic and Reconstructive Department in Recovery Hospital in Cluj-Napoca, Romania.



Recovery Hospital in Cluj-Napoca, prof. Georgescu and his team

The department is headed by prof. Alexandru Georgescu who accepted my application. My main purpose was to get more experience in flap surgery, mostly perforator flaps which is one of the most recognized techniques for prof. Georgescu. The department has 30 beds, 8 intensive care beds which are held by 8 specialists and 6 residents. Everyone was very helpful and gave me strong support during my visit. I attended both ward routine with patients' consultation, examination, dressing change and of course operating theatre.



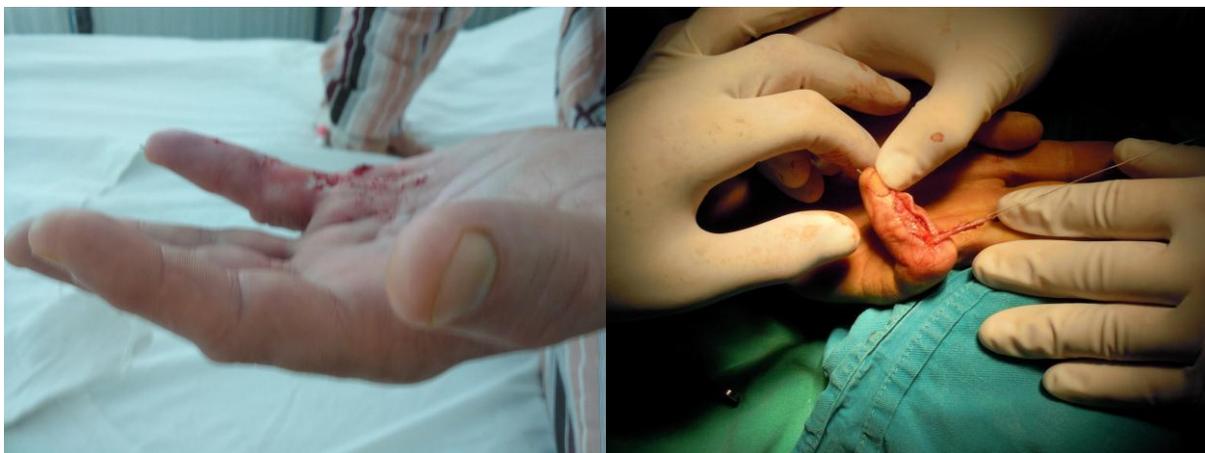
During surgery in the operating room, ward round and patients consultation

The surgeries take place each day on two operating rooms. I had great opportunity to see perforator flaps used for upper and lower limb coverage including all steps of the great technique presented by prof. Alexandru Georgescu. Moreover, I attended operations in hand surgery field including favorite techniques: needle aponeurotomy for Dupuytren's contracture and extensor reconstruction with depithelialized skin flap for mallet finger. There was also occasion to assist in some traumatic and chronic cases.



Ulnar artery based perforator flap for a dorsal skin defect

As for orthopedic surgeon it was an exceptional occasion to get some knowledge in classic plastic surgery techniques as breast and facial reconstruction. Summarizing, the department covers a variety of complicated reconstructive cases focusing mostly on flap reconstruction and hand surgery.



Dupuytren's contracture release with needle aponeurotomy, deepithelialized skin flap for mallet finger

I had also opportunity to see Cluj-Napoca – the heart of Transylvania – and the region itself. The city is full of students and beautiful places, when everybody can feel really comfortable and find some interesting activities. Transylvania is a really beautiful area with a lot of perfectly preserved monuments and cities witnessing relevant historical issues. Also it is a place of wild and undisturbed nature, especially Carpathian Mountains which I trekked in off-season time.

It was one of the very successful visits, both an important educational and social event in my personal career.